



EXODUS

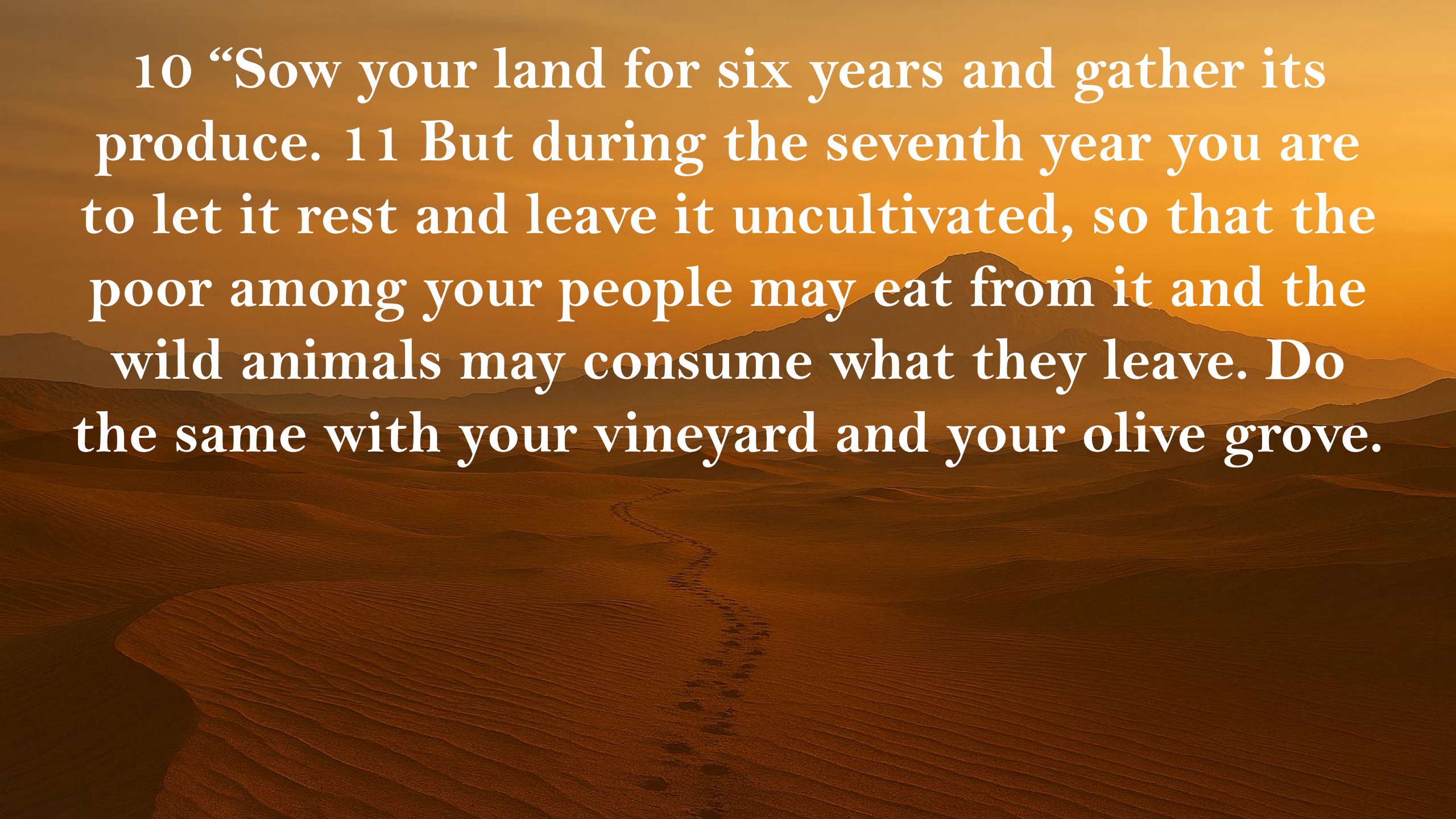
Set Free to Serve

Fall 2025

EXODUS

Chapter 23:10-19

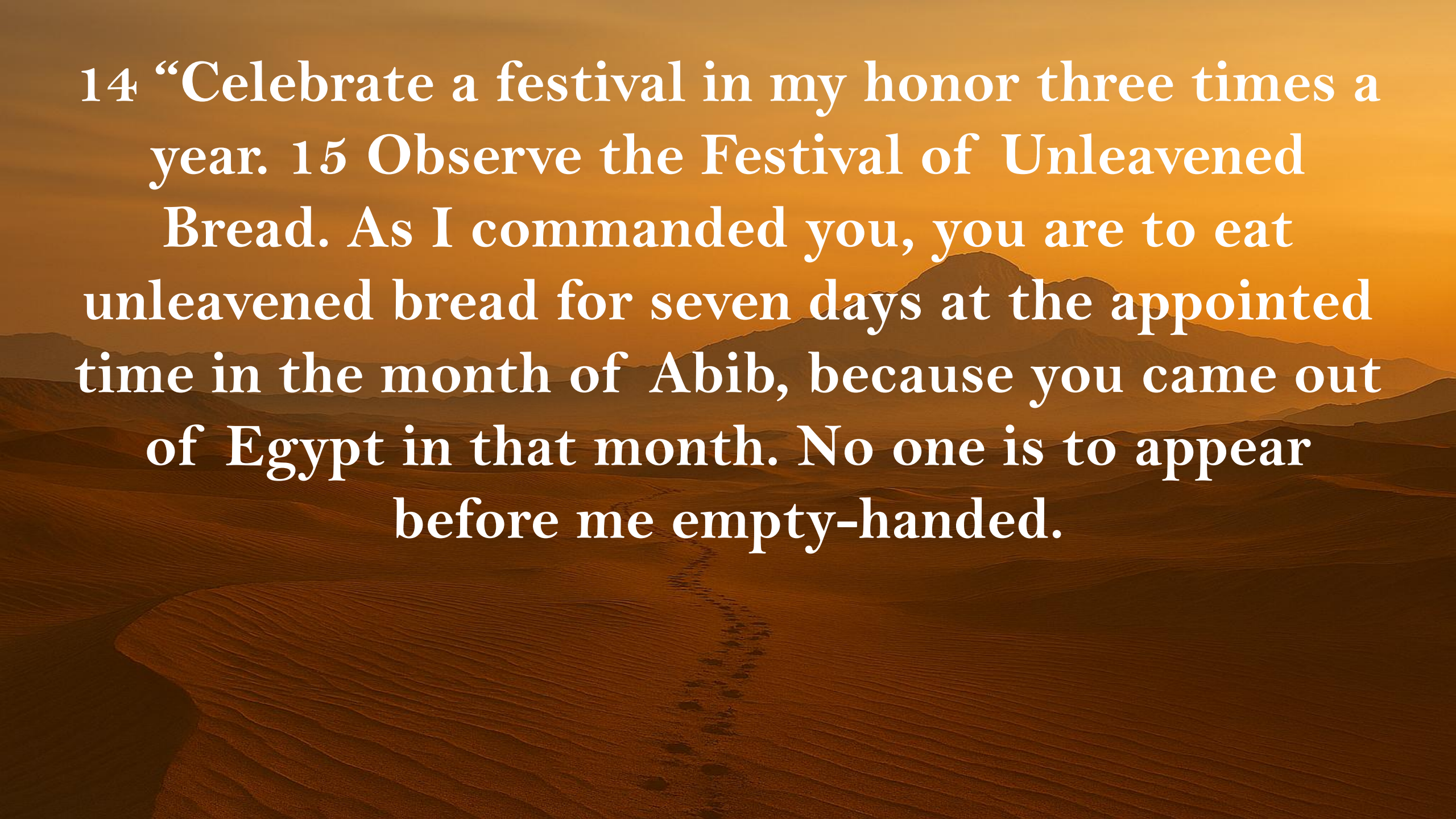
Divinely Established Rhythms



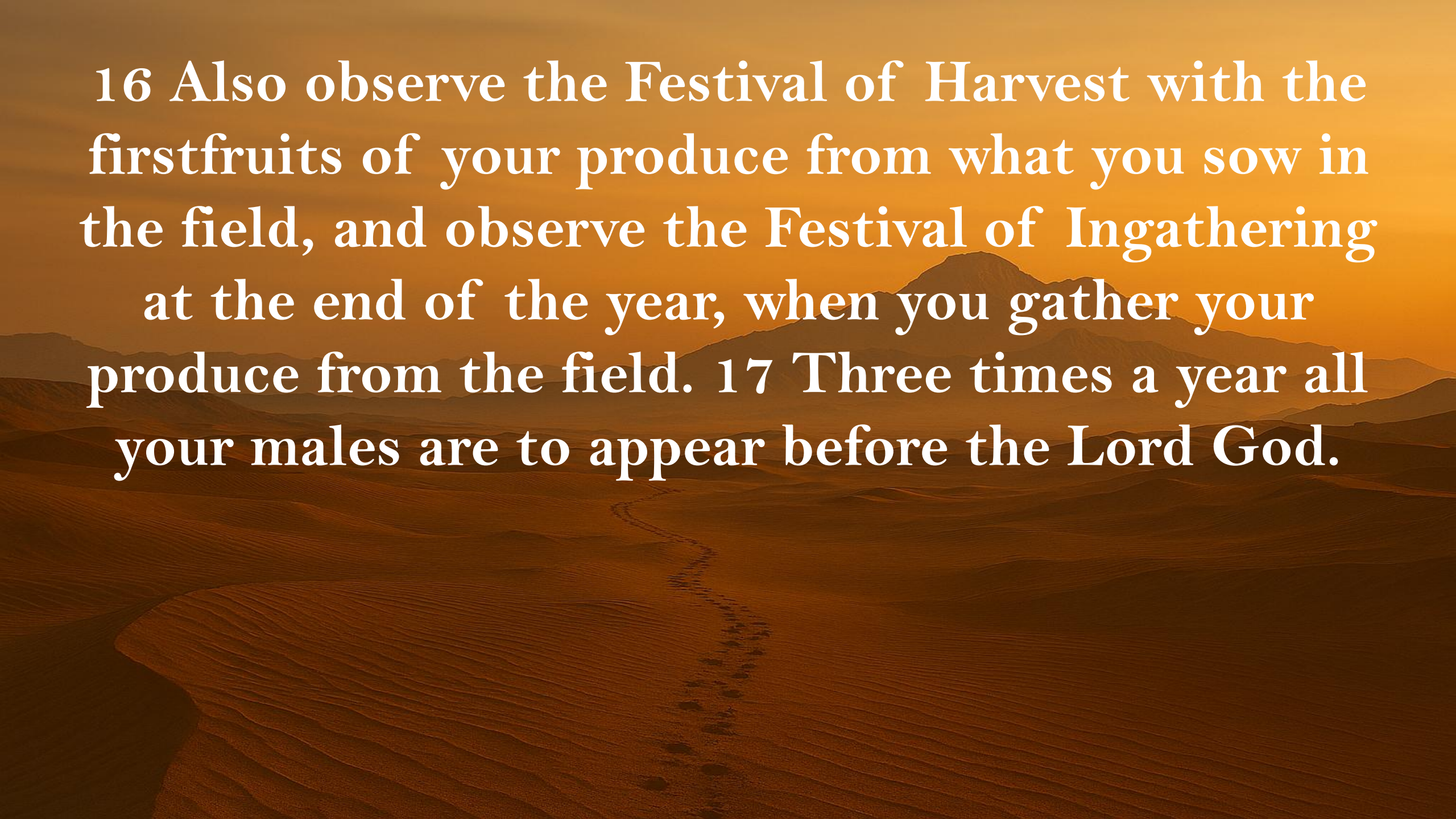
10 “Sow your land for six years and gather its produce. 11 But during the seventh year you are to let it rest and leave it uncultivated, so that the poor among your people may eat from it and the wild animals may consume what they leave. Do the same with your vineyard and your olive grove.

12 “Do your work for six days but rest on the seventh day so that your ox and your donkey may rest, and the son of your female slave as well as the resident alien may be refreshed.

13 “Pay strict attention to everything I have said to you. You must not invoke the names of other gods; they must not be heard on your lips.



14 “Celebrate a festival in my honor three times a year. 15 Observe the Festival of Unleavened Bread. As I commanded you, you are to eat unleavened bread for seven days at the appointed time in the month of Abib, because you came out of Egypt in that month. No one is to appear before me empty-handed.



16 Also observe the Festival of Harvest with the firstfruits of your produce from what you sow in the field, and observe the Festival of Ingathering at the end of the year, when you gather your produce from the field. 17 Three times a year all your males are to appear before the Lord God.

18 “You must not offer the blood of my sacrifices with anything leavened. The fat of my festival offering must not remain until morning.

19 Bring the best of the firstfruits of your land to the house of the Lord your God.

You must not boil a young goat in its mother’s milk.”

Exodus 23:10-19 (ESV)

Two Divinely Established Rhythms



Two Divinely Established Rhythms

1) God gives a rhythm for rest.



Two Divinely Established Rhythms

- 1) God gives a rhythm for rest.
- 2) God gives a rhythm for worship.



The Feast of Unleavened Bread



The Feast of Unleavened Bread

- Connected with Passover
- Remember the hurried rescue from Egypt
- Leads to Jesus as our Passover lamb
- Good Friday and Communion

The Feast of Harvest

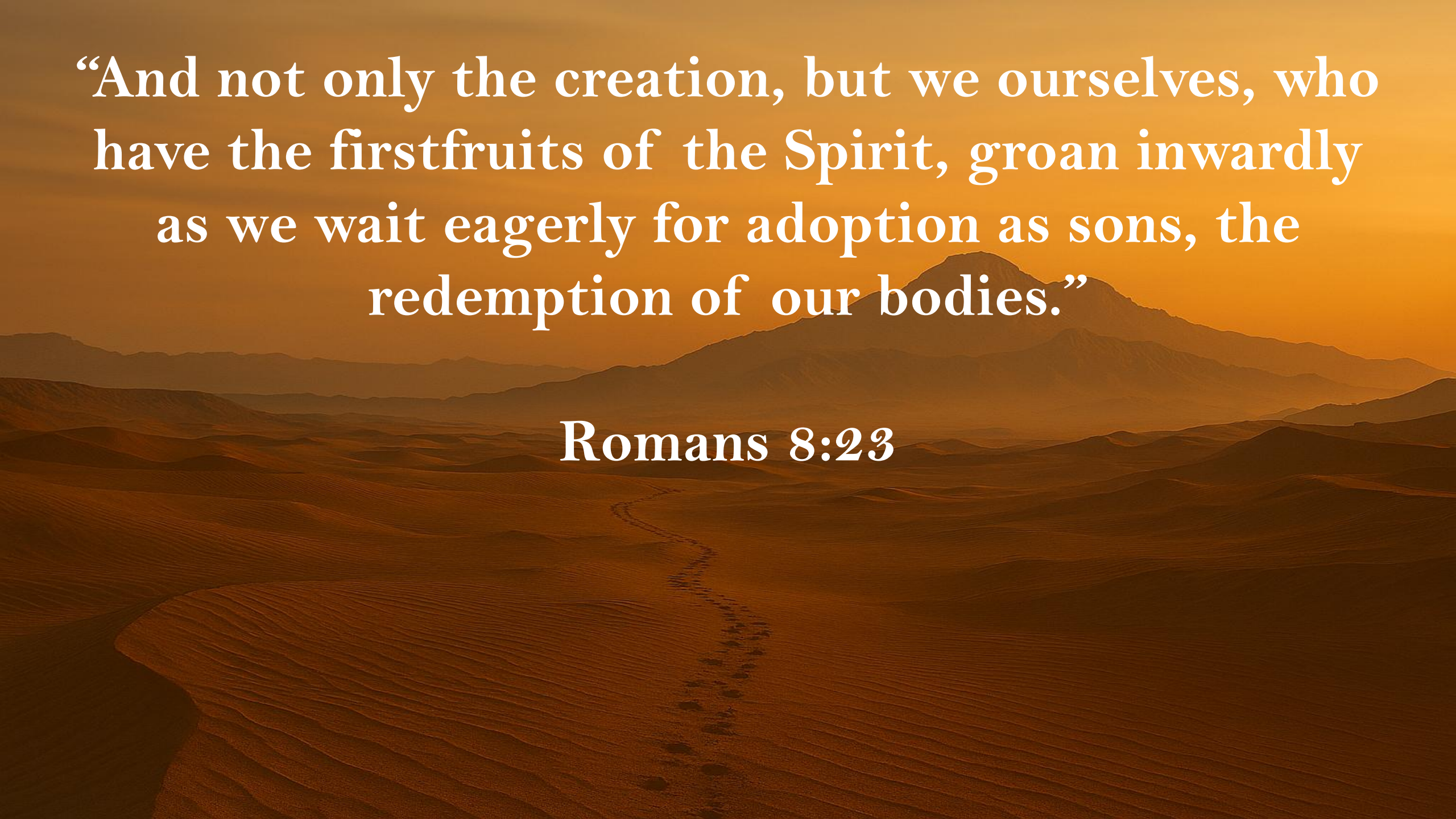


The Feast of Harvest

- AKA The Feast of Weeks
- Seven weeks (about 50 days) after Passover
- Came to be known as “Pentecost” (root word for 50)
- Connects to the Holy Spirit, who filled the believers at Pentecost

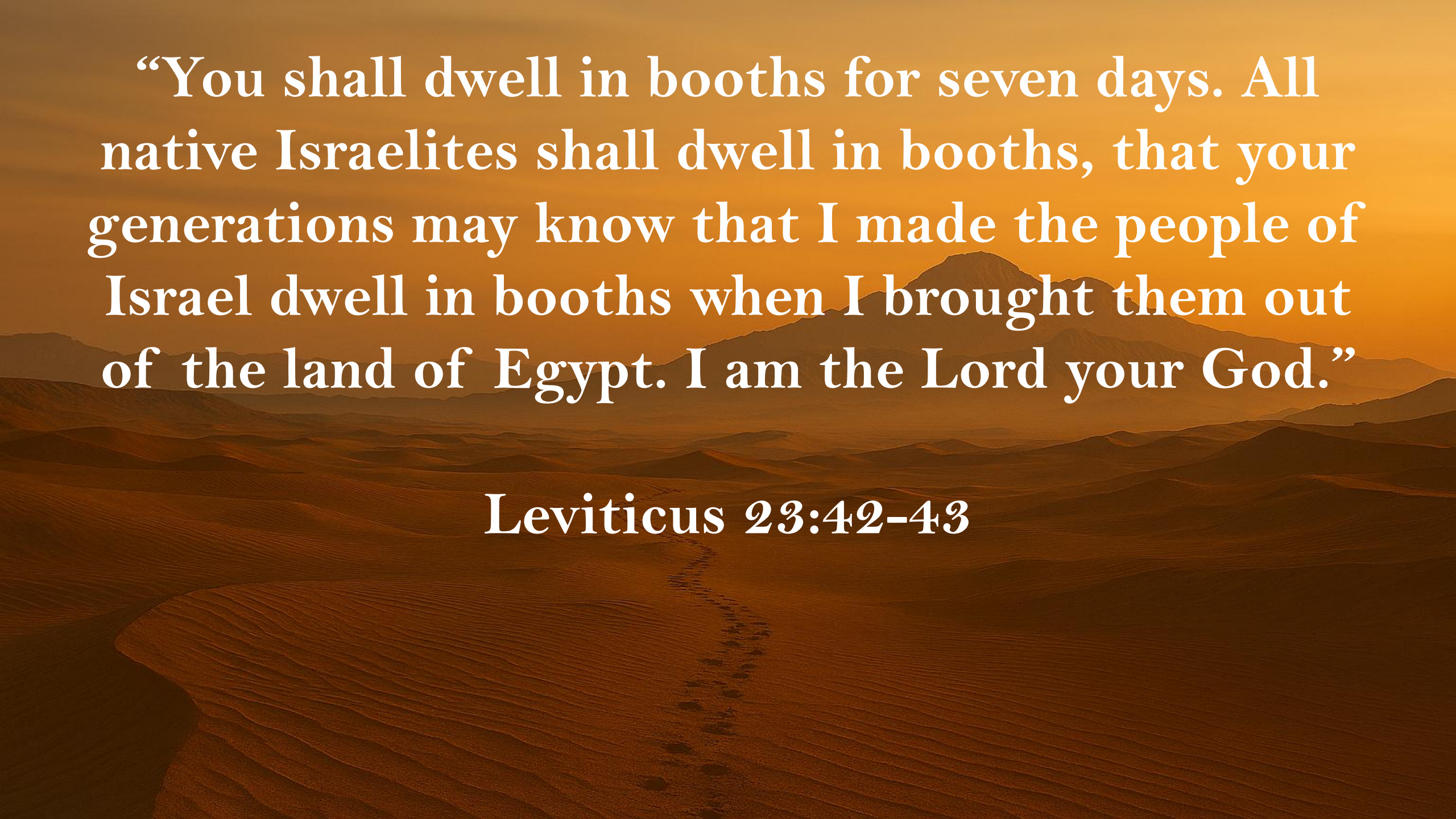
“And not only the creation, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for adoption as sons, the redemption of our bodies.”

Romans 8:23



The Feast of Ingathering

- AKA Feast of Booths or Tabernacles
- End of agricultural year in autumn
- Dwelled in “booths” to remember their wandering in the wilderness

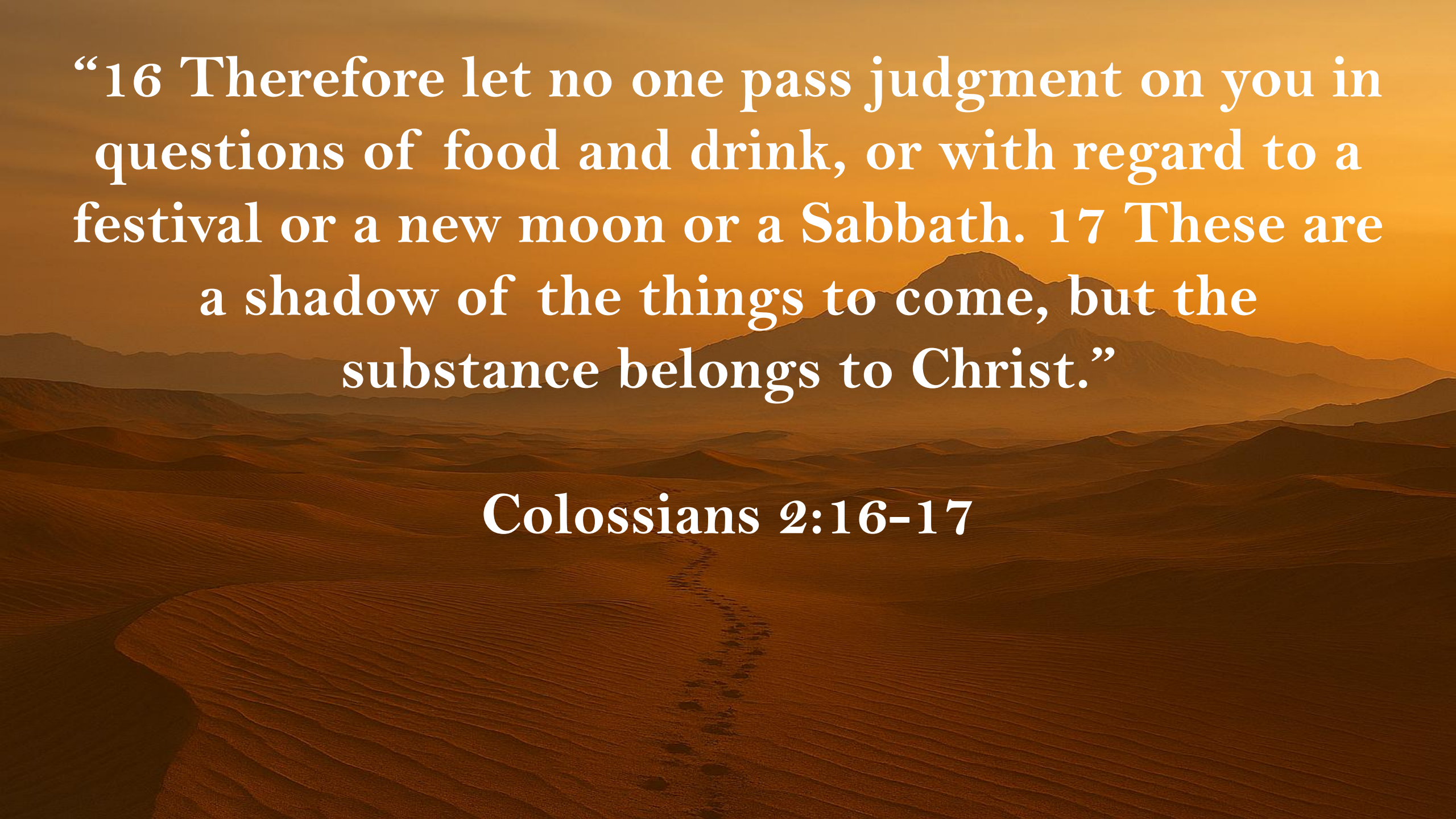


“You shall dwell in booths for seven days. All native Israelites shall dwell in booths, that your generations may know that I made the people of Israel dwell in booths when I brought them out of the land of Egypt. I am the Lord your God.”

Leviticus 23:42-43

The Feast of Ingathering

- AKA Feast of Booths or Tabernacles
- End of agricultural year in autumn
- Dwelled in “booths” to remember their wandering in the wilderness
- Connects to our sense of being exiles in the wilderness



“16 Therefore let no one pass judgment on you in questions of food and drink, or with regard to a festival or a new moon or a Sabbath. 17 These are a shadow of the things to come, but the substance belongs to Christ.”

Colossians 2:16-17

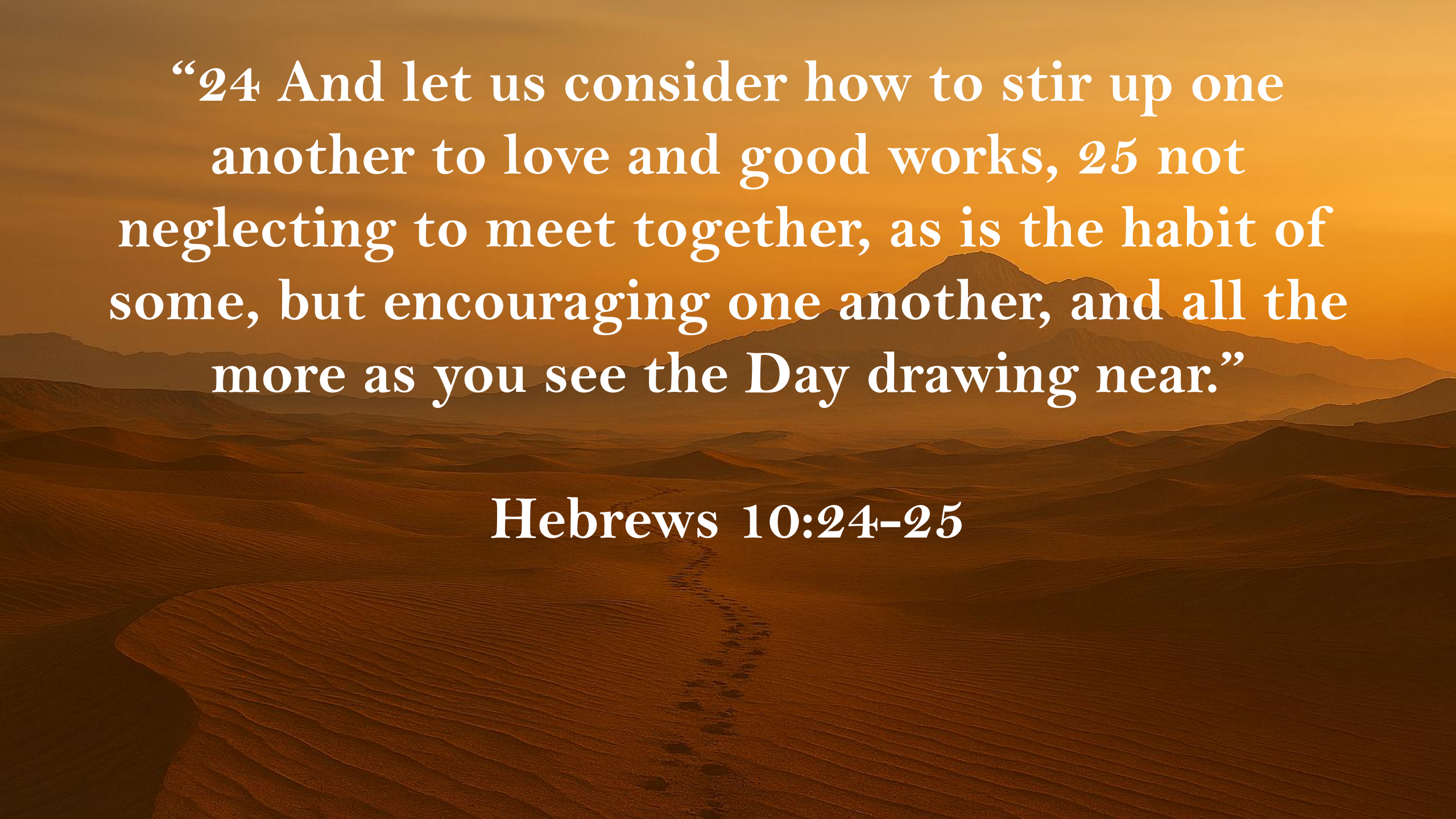
Three Worship Practices



Three Worship Practices

1) Regular Gathering





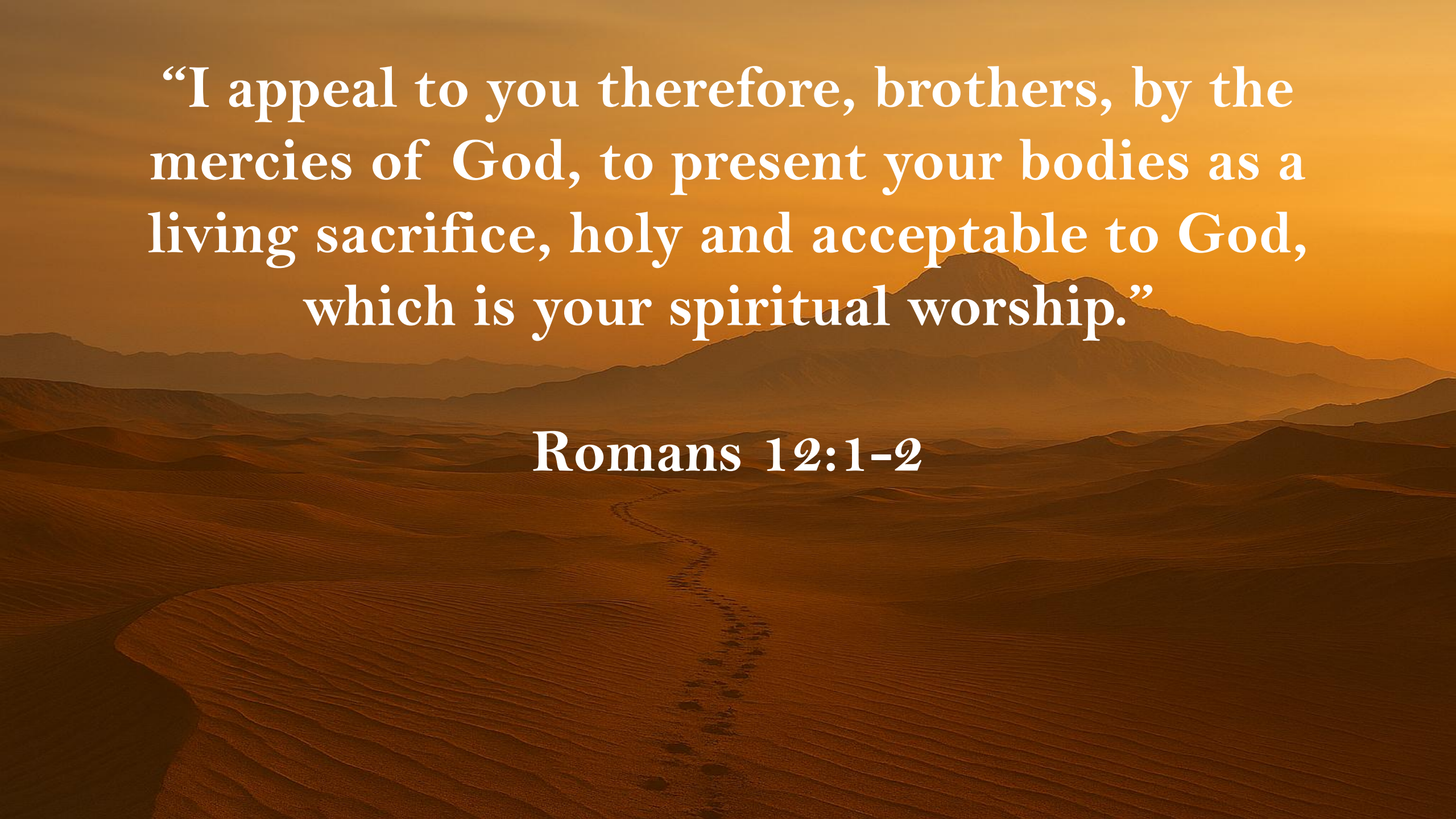
“24 And let us consider how to stir up one another to love and good works, 25 not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.”

Hebrews 10:24-25

Three Worship Practices

- 1) Regular Gathering
- 2) Regular Offering



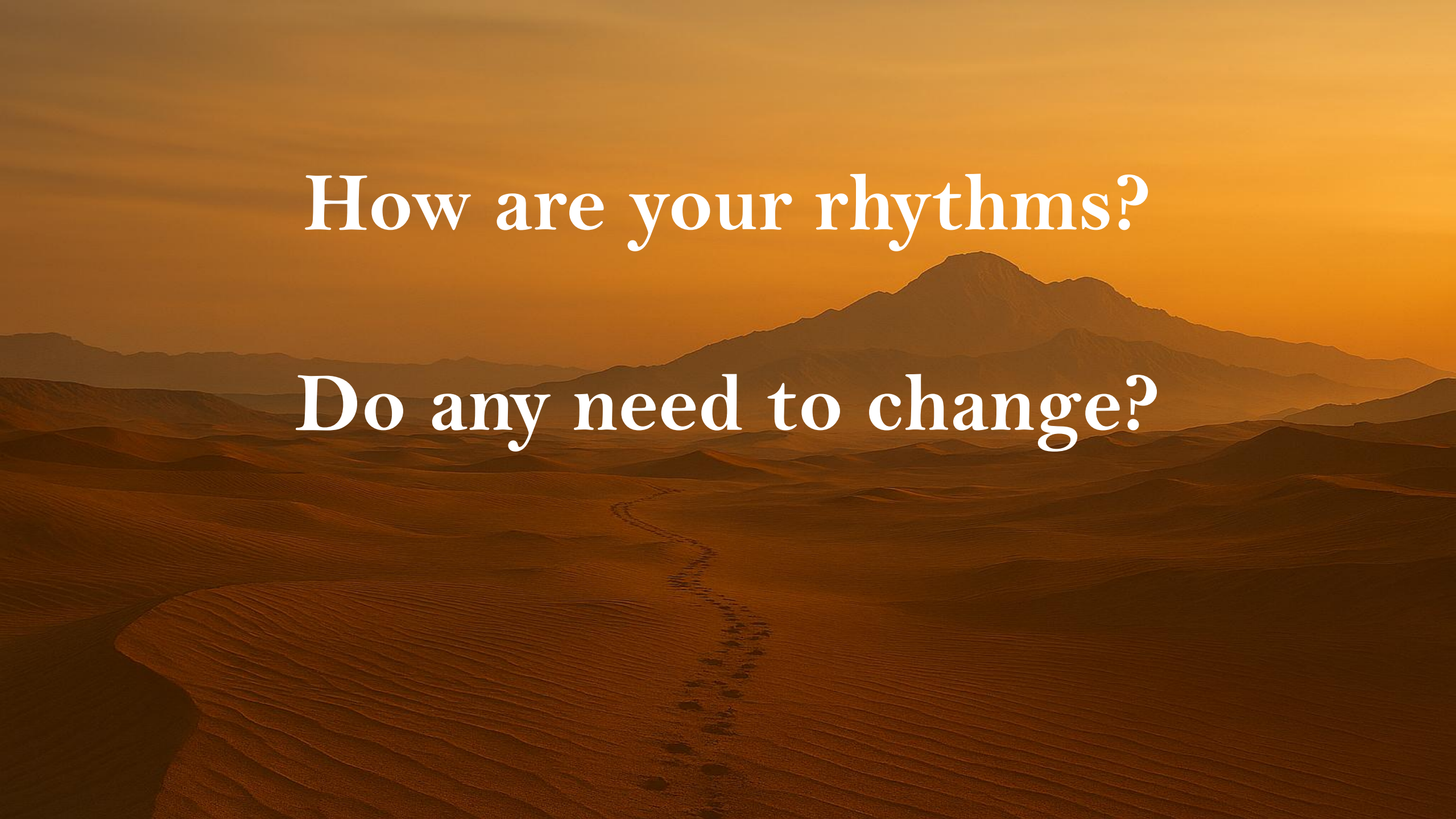


“I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.”

Romans 12:1-2

Three Worship Practices

- 1) Regular Gathering
- 2) Regular Offering
- 3) Warning against Superstitious Worship

A desert landscape with sand dunes and mountains under a hazy orange sky. The scene is bathed in a warm, golden light, suggesting a sunrise or sunset. The sand dunes in the foreground are textured with fine ripples, and a faint path of footprints leads from the bottom center towards the middle ground. In the background, a range of mountains is visible, with the most prominent peak having a distinct, rounded summit. The sky is a uniform, hazy orange, blending into the horizon.

How are your rhythms?

Do any need to change?