

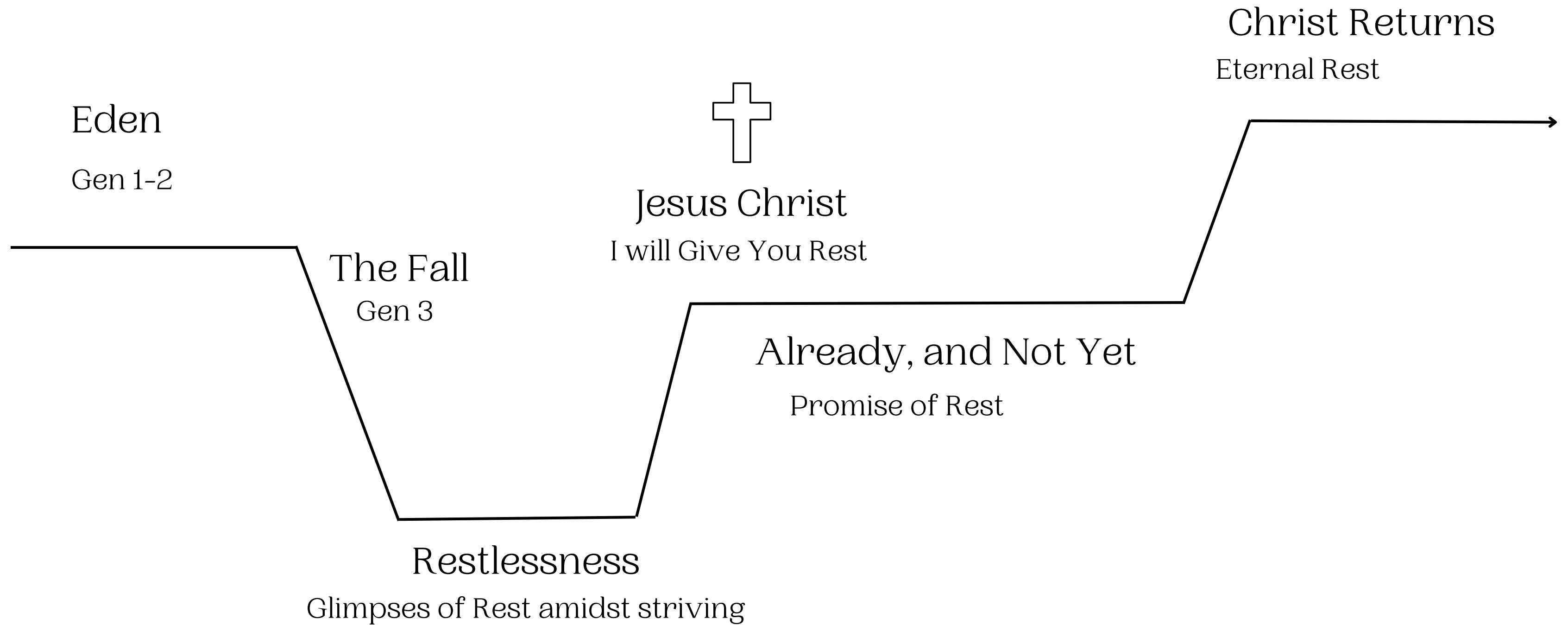


Session 2

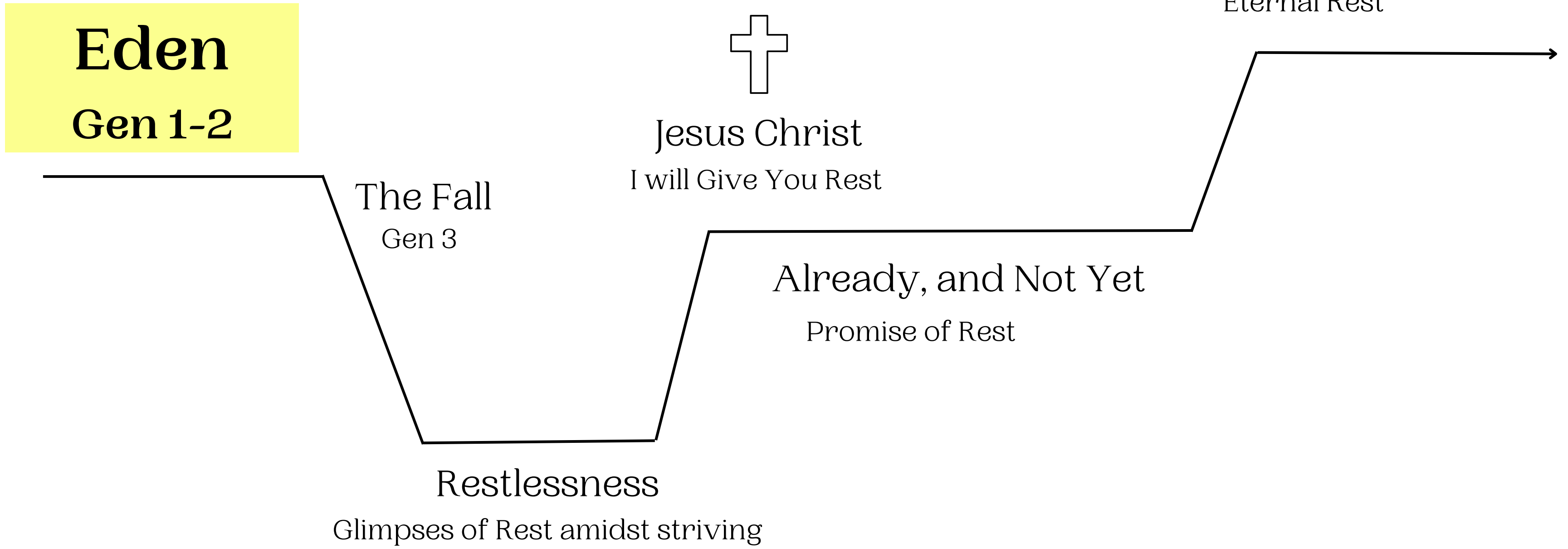
BIBLICAL REST

GOD'S BIG STORY

REST IN THE BIBLICAL STORYLINE



REST IN THE BIBLICAL STORYLINE



“And God saw that it was good”

Genesis 1:4, 10, 12, 18, 21, 25

So God created man in his own image.
In the image of God he created him;
Male and female he created them.

Genesis 1:27

And God saw everything that he had made, and behold it was very good.

Genesis 1:31

Thus the heavens and the earth were finished,
and all the host of them. And on the seventh day
God finished his work that he had done, and he
rested on the seventh day from all his work that
he had done. So God blessed the seventh day and
made it holy, because on it God rested from all
his work that he had done in creation.

Genesis 1:31

Thus the heavens and the earth were finished,
and all the host of them. And on the seventh day
God finished his work that he had done, and he
rested on the seventh day from all his work that
he had done. So God blessed the seventh day and
made it holy, because on it God rested from all
his work that he had done in creation.

Genesis 1:31

Thus the heavens and the earth were finished,
and all the host of them. And on the seventh day
God finished his work that he had done, and he
rested on the seventh day from all his work that
he had done. So God blessed the seventh day and
made it holy, because on it God rested from all
his work that he had done in creation.

Genesis 1:31

Thus the heavens and the earth were finished,
and all the host of them. And on the seventh day
God finished his work that he had done, and he
rested on the seventh day from all his work that
he had done. So God blessed the seventh day and
made it holy, because on it God rested from all
his work that he had done in creation.

Genesis 1:31

Thus the heavens and the earth were finished,
and all the host of them. And on the seventh day
God finished his work that he had done, and he
rested on the seventh day from all his work that
he had done. So God blessed the seventh day and
made it holy, because on it God rested from all
his work that he had done in creation.

Genesis 1:31

Why Did God Rest?

1. He was satisfied with his good work.

Why Did God Rest?

1. He was satisfied with his good work.
2. He ordained rest for his Creation.

Rest: to stop and be satisfied in God's
good work.

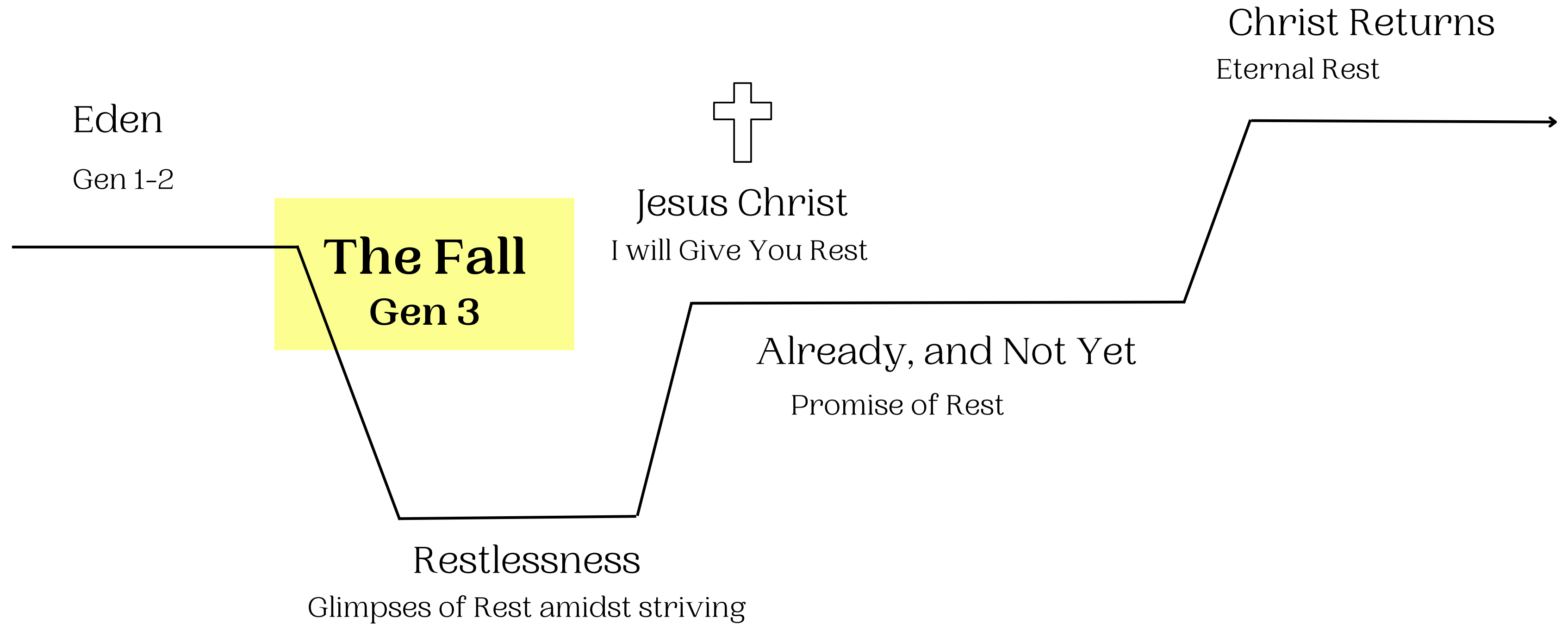
Genesis 2:4-25

And the Lord God planted a garden in Eden, in the east, and there he put the man whom he had formed. And out of the ground the Lord God made to spring up every tree that is pleasant to the sight and good for food. (v. 8-9)

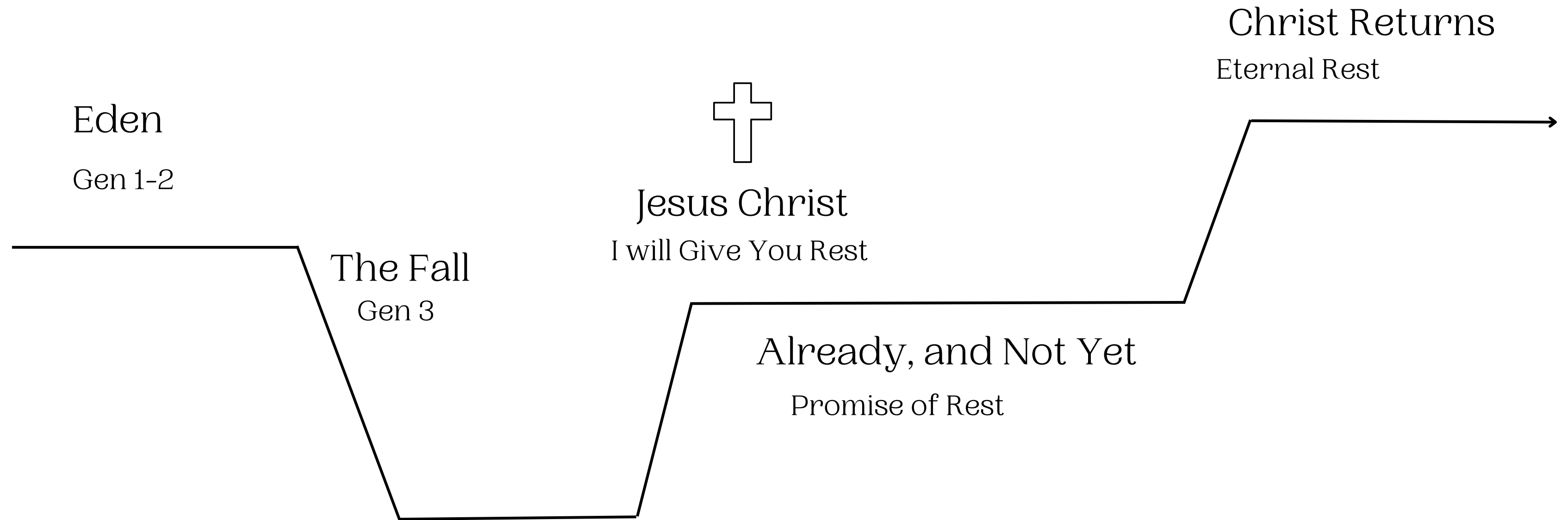
The Lord God took the man and put him in the garden of Eden to work it and keep it. (v. 15)

To rest is to stop and be satisfied with God's good work. For Humans, rest includes being restored and refreshed for our good and God's glory.

REST IN THE BIBLICAL STORYLINE



REST IN THE BIBLICAL STORYLINE



Restlessness
Glimpses of Rest amidst striving

The Sabbath

The Sabbath

1. Anchored in God's Good Work

The Sabbath

1. Anchored in God's Good Work

2. For All the People

The Sabbath

1. Anchored in God's Good Work

2. For All the People

3. Observed in the Community of God

The Sabbath

1. Anchored in God's Good Work

2. For All the People

3. Observed in the Community of God

4. Provided Rhythm For Life

The Psalms

The Psalms

Rest in God: Psalms 23 & 34

The Psalms

Rest in God: Psalms 23 & 34

Psalms of Lament: 4 & 13

The Psalms

Rest in God: Psalms 23 & 34

Psalms of Lament: 4 & 13

Satisfy Us: Psalm 90

The Prophets

Isaiah 40

“Comfort, Comfort my people...speak tenderly to Jerusalem, and cry to her that her warfare has ended, that her iniquity is pardoned, and that she has received from the LORD’s hand double for all her sins.” (v.1-2)

Isaiah 40

Have you not known? Have you not heard?

The Lord is the everlasting God,
the Creator of the ends of the earth.

He does not faint or grow weary;
his understanding is unsearchable.

He gives power to the faint,
and to him who has no might he increases strength.

Even youths shall faint and be weary,
and young men shall fall exhausted;

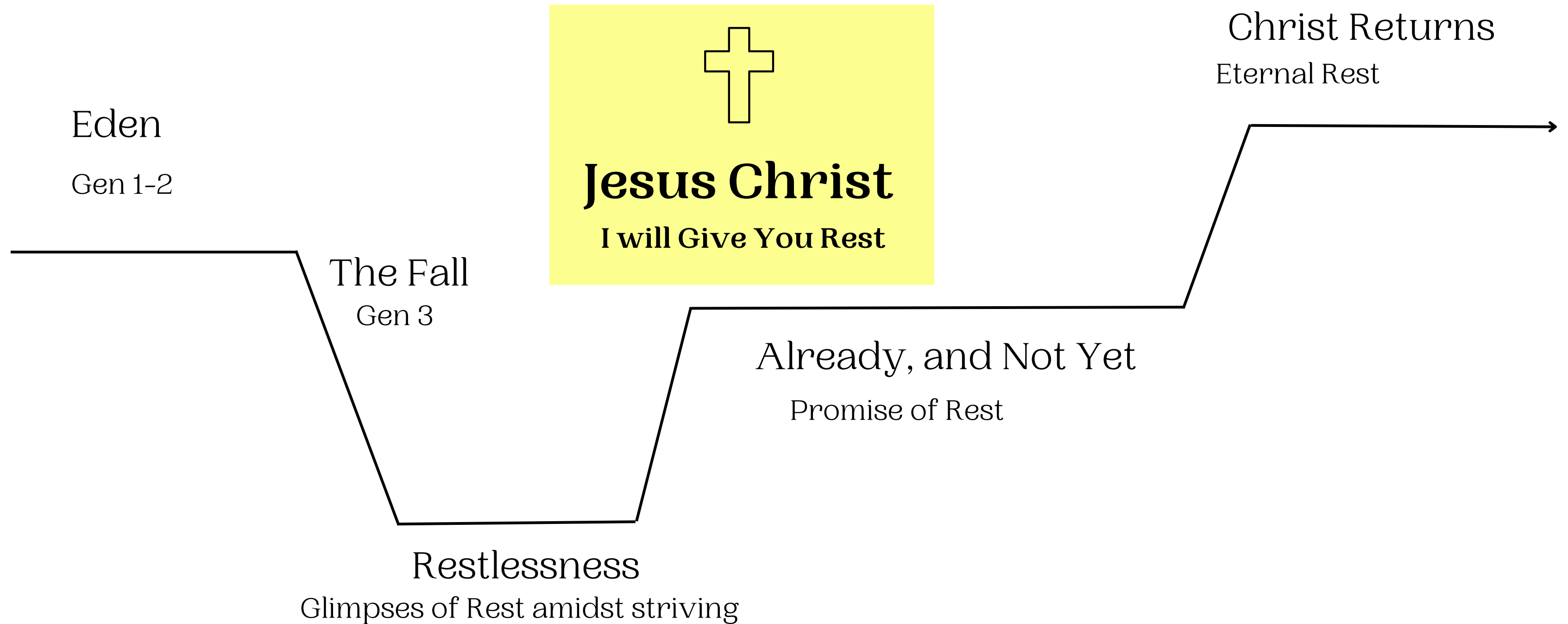
but they who wait for the Lord shall renew their strength;

they shall mount up with wings like eagles;

they shall run and not be weary;

they shall walk and not faint.

REST IN THE BIBLICAL STORYLINE



“Come to me, all you who labor and are heavy laden, and I will give you rest.”

Matthew 11:28

“The Son of Man is Lord of the Sabbath”

Matthew 12:8

I am the true vine...Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.

John 15:1,4-5

“For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.”

2 Corinthians 5:21

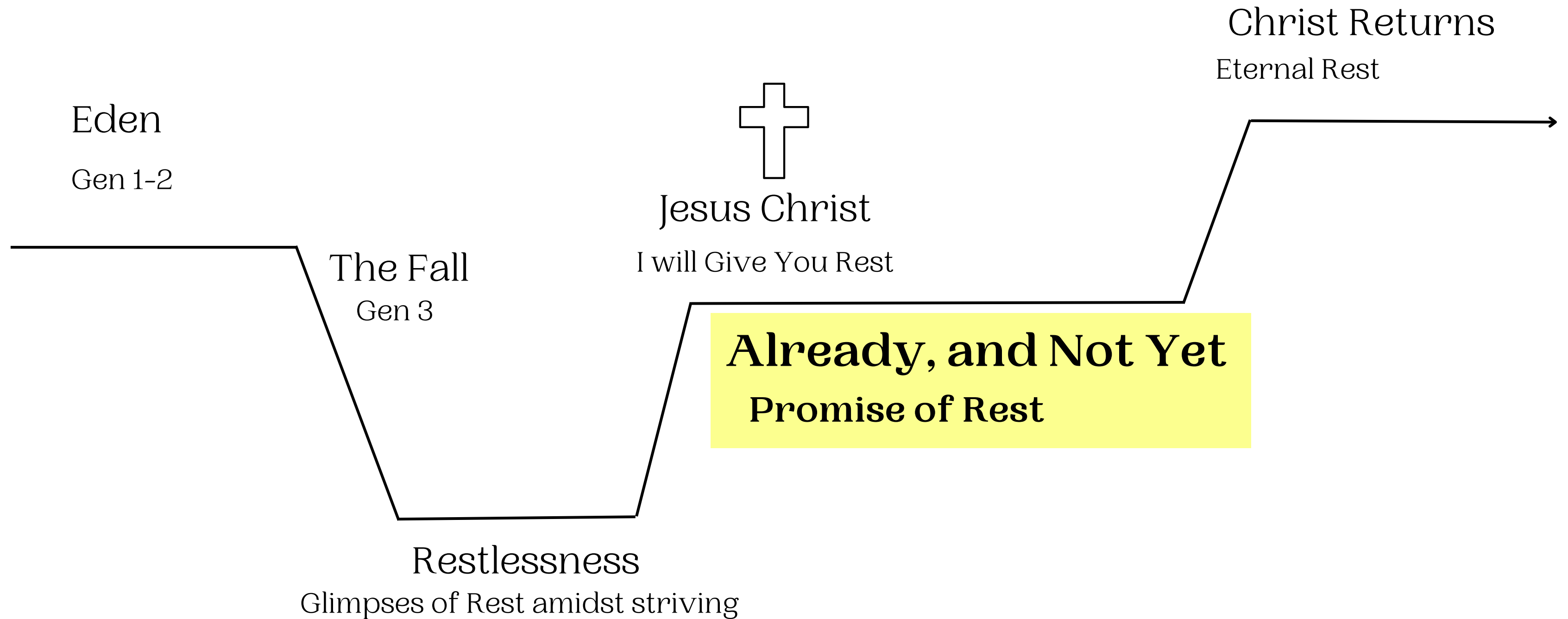
“It is finished”

John 19:30

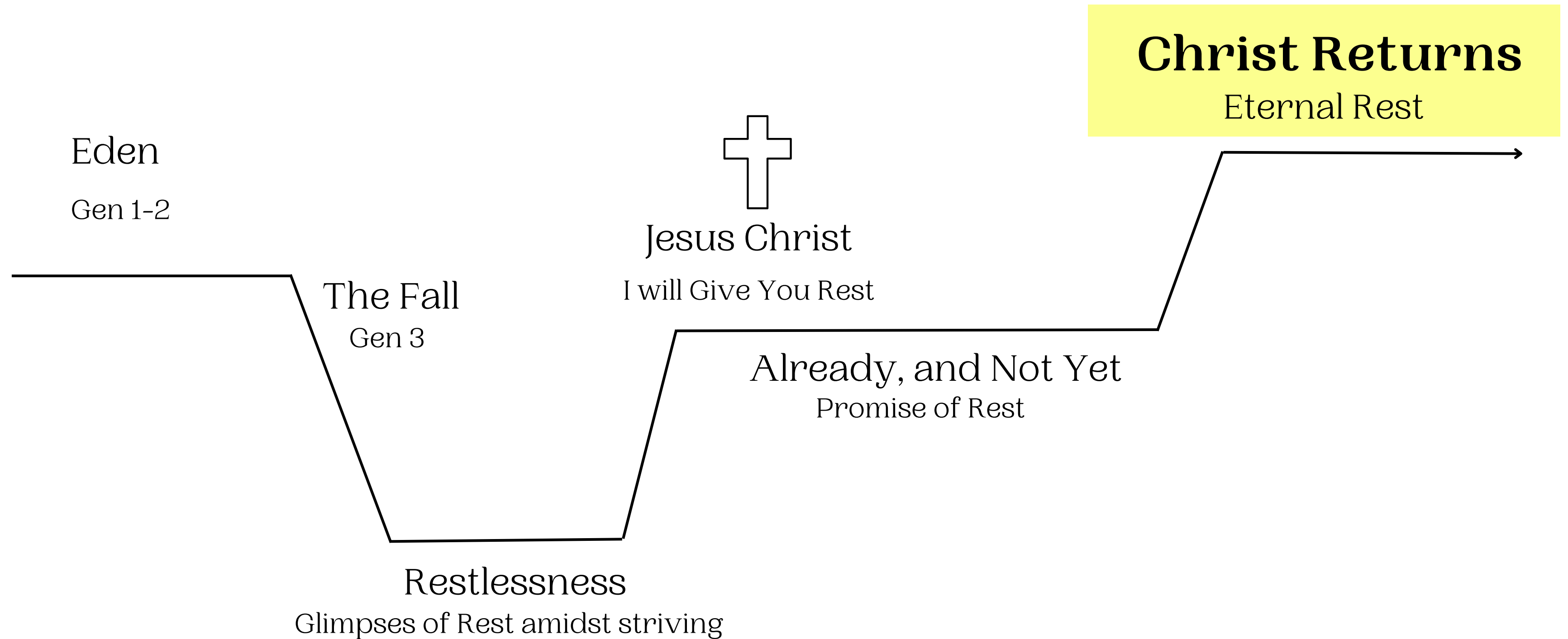
“Go therefore and make disciples of all nations,
baptizing them in the name of the Father and of
the Son and of the Holy Spirit, teaching them to
observe all that I have commanded you. And
behold, I am with you always, to the end of the
age.”

Matthew 28:19-20

REST IN THE BIBLICAL STORYLINE



REST IN THE BIBLICAL STORYLINE



Revelation 21

Then I saw a new heaven and a new earth, for the first heaven and the first earth had passed away, and the sea was no more.

And I saw the holy city, new Jerusalem, coming down out of heaven from God, prepared as a bride adorned for her husband.

And I heard a loud voice from the throne saying, “Behold, the dwelling place of God is with man. He will dwell with them, and they will be his people, and God himself will be with them as their God. He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away.”

And he who was seated on the throne said, “Behold, I am making all things new.” Also he said, “Write this down, for these words are trustworthy and true.” And he said to me, “It is done! I am the Alpha and the Omega, the beginning and the end. To the thirsty I will give from the spring of the water of life without payment. The one who conquers will have this heritage, and I will be his God and he will be my son.

Revelation 21:3-7

GOD'S BIG STORY