

The Vow

The Vow of Purity

TALK IT OVER

Key Scripture

That is why a man leaves his father and mother and is united to his wife, and they become one flesh. Adam and his wife were both naked, and they felt no shame.

Genesis 2:24-25 NIV

Key Points

- Secrecy is the enemy of intimacy.
Then the eyes of both them were opened, and they realized they were both naked; so they sewed fig leaves together and made coverings for themselves. ... But the LORD God called to the man, "Where are you?" He answered, "I heard you in the garden, and I was afraid because I was naked; so I hid." Genesis 3:7, 9-10 NIV
- I promise to confide in you and not hide from you.
For you were once darkness, but now you are light in the Lord. Live as children of light (for the fruit of the light consists in all goodness, righteousness and truth) and find out what pleases the Lord. Have nothing to do with the fruitless deeds of darkness, but rather expose them. Ephesians 5:8-11 NIV
Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy. Proverbs 28:13 NIV

More Scripture

Matthew 5:27-28, Ephesians 5:3, Proverbs 5:8, Psalm 119:9-11

Start talking. Find a conversation starter for your group.

- Share a story of being caught sneaking something as a kid. What was your response to shame?
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Start talking.

- Watch Amy Groeschel's Purity Q&A to spark discussion www.go2.lc/vowqa

Start thinking.

How would you describe what shame and secrecy can do to relationships? Why do you think this happens?

- Read Matthew 5:27-28. Why do you think Jesus drew such a strong line with lust?

Start sharing. Choose a question to create openness.

- Read Psalm 119:9-11. How do you stay pure? How does this affect who you hang out with, what you watch, and where you go?
- Pastor Craig said, "It's difficult to build a life of righteousness on a foundation of sin." Describe what kind of foundation you want for your marriage or life.
- Have you ever experienced the power of confession, forgiveness, and grace? Can you share some of your story?
- What could you do to eliminate temptation before it happens?

Start praying. Be bold, and pray with power.

Jesus, thank You for being the perfect sacrifice for our sins. Holy Spirit, give us the strength we need to resist temptation. Show us the sin we need to cut out of our lives so that we can be children of the light. Amen!

Start doing. Commit to a step, and live it out this week.

- Tell your spouse and/or someone you trust about any areas you're feeling shame or struggling with purity.
- Memorize Proverbs 28:13.
- Find some encouraging marriage help and preparation: www.go2.lc/married
- Get help quitting porn: www.go2.lc/quit